

WEEK 1 LUNCH MENU

MEAT FREE MONDAY

Green pesto pasta with garlic bread, broccoli &/salad
OR

Jacket potato with beans or cheese, coleslaw & salad

Chocolate shortbread & milk

Fresh fruit

TUESDAY

Beef burger OR Veggie burger, in a bun, with corn on the cob,
coleslaw & salad

OR

Jacket potato with beans, cheese, or tuna mayo,
coleslaw & salad

Orange jelly with fresh oranges

Fresh fruit

ROAST WEDNESDAY

Roast Gammon OR Quorn Roast with roast potatoes,
seasonal vegetables & gravy

OR

Wholemeal wrap with ham, cheese or tuna mayo, coleslaw & salad

Homemade cake

Fresh fruit

THURSDAY

Chicken & Vegetable Curry with rice & Naan bread

OR

Chickpea & Vegetable Curry with rice & Naan bread (V)

OR

Jacket Potato with Tuna, Beans or Cheese, Homemade coleslaw & salad

Strawberry yoghurt with fresh strawberries

Fresh Fruit

FISHY FRIDAY

Fish fingers or Fishless Fingers with Chips & Peas or Baked Beans

OR

Wholemeal wrap with ham, cheese or tuna mayo, coleslaw & salad

Jam & Coconut Sponge & custard

Fresh Fruit