

# St Eanswythe's C of E Primary School



## PSHE Long-Term Plan

	Term One: <i>Being Me</i>	Term Two: <i>Relationships and Family</i>	Term Three: <i>Celebrating Differences</i>	Term Four: <i>Healthy Me</i>	Term Five: <i>Citizenship and Economic well-being</i>	Term Six: <i>Changing Me</i>
Reception	<ul style="list-style-type: none"> <li>- All about me.</li> <li>- Understanding right from wrong</li> </ul>	<ul style="list-style-type: none"> <li>- My family</li> <li>- Different Families</li> <li>- Being Kind and unkind</li> </ul>	<ul style="list-style-type: none"> <li>- Physical differences between animals/people</li> <li>- Likes and dislikes</li> </ul>	<ul style="list-style-type: none"> <li>- Healthy Foods</li> <li>- Medicines</li> <li>- Exercise</li> <li>- Dental hygiene</li> </ul>	<ul style="list-style-type: none"> <li>-Class Rules and Routines</li> <li>- What is money</li> <li>- Different jobs.</li> </ul>	<ul style="list-style-type: none"> <li>- Lifecycles –animals, babies.</li> <li>- Transition and changes in relation to moving up a class.</li> </ul>
Year One	<ul style="list-style-type: none"> <li>- All about me.</li> <li>- Understanding right from wrong</li> <li>- Let's Talk: NSPCC PANTS rule</li> </ul>	<ul style="list-style-type: none"> <li>- My family</li> <li>- Different Families</li> <li>- Friendships</li> </ul>	<ul style="list-style-type: none"> <li>- Physical differences</li> <li>- Likes and dislikes</li> <li>- The same and different.</li> </ul>	<ul style="list-style-type: none"> <li>- Healthy Choices</li> <li>- Unhealthy choices</li> <li>- Dental hygiene</li> </ul>	<ul style="list-style-type: none"> <li>- Different jobs</li> <li>- Rules in families</li> <li>- Caring for others-animal s, people</li> </ul>	<ul style="list-style-type: none"> <li>- Lifecycles Humans and animals</li> <li>- Transition and changes in relation to moving up a class.</li> </ul>

Year Two	<ul style="list-style-type: none"> <li>- All about me.</li> <li>- Understanding right from wrong</li> </ul> <p>Let's Talk: NSPCC PANTS rule</p>	<ul style="list-style-type: none"> <li>- My family</li> <li>- Different Families</li> <li>- Friendships</li> </ul>	<ul style="list-style-type: none"> <li>- Physical Differences</li> <li>- Celebrating our own identity.</li> </ul>	<ul style="list-style-type: none"> <li>- Staying Safe</li> <li>- Positive Mental Health</li> <li>- Healthy Choices</li> <li>- Unhealthy choices</li> </ul>	<ul style="list-style-type: none"> <li>- Rules in families</li> <li>- Rules Beyond School</li> <li>- Job Roles in Local community</li> </ul>	<ul style="list-style-type: none"> <li>- Difference between male and female parts</li> <li>- Animals, male and female.</li> <li>- Transition and changes in relation to moving up a class.</li> </ul>
Year Three	<ul style="list-style-type: none"> <li>- All about me.</li> <li>- Understanding right from wrong</li> </ul>	<ul style="list-style-type: none"> <li>- My family</li> <li>- Different Families</li> <li>- Friendships</li> </ul>	<ul style="list-style-type: none"> <li>- Physical Differences</li> <li>- Celebrating our own identity</li> <li>- Introducing stereotypes</li> </ul>	<ul style="list-style-type: none"> <li>- Positive Mental Health e.g. Mindfulness</li> <li>- Exercise</li> <li>- Risks and Safety in local community</li> </ul>	<ul style="list-style-type: none"> <li>- Why do we have rules?</li> <li>- Recycling Responsibility</li> <li>- Charity</li> <li>- Different communities</li> </ul>	<ul style="list-style-type: none"> <li>- Difference between male and female parts</li> <li>- Appropriate touch</li> <li>- Transition and changes in relation to moving up a class.</li> </ul>
Year Four	<ul style="list-style-type: none"> <li>- All about me.</li> <li>- Understanding right from wrong</li> </ul>	<ul style="list-style-type: none"> <li>- My family</li> <li>- Different Families</li> <li>- Friendships</li> </ul>	<ul style="list-style-type: none"> <li>- Physical differences</li> <li>- Understanding Stereotypes</li> <li>- Exploring Gender/gender roles</li> </ul>	<ul style="list-style-type: none"> <li>- Positive Mental Health e.g. mindfulness</li> <li>- The Law and Safety/risks in wider world</li> <li>- Emergencies and people that deal with</li> </ul>	<ul style="list-style-type: none"> <li>- Looking after money</li> <li>- Jobs</li> <li>- Animal Rights</li> </ul>	<ul style="list-style-type: none"> <li>- Lifecycles: Plants, animals and humans</li> <li>- differences and similarities, males and females.</li> </ul>

				these e.g. Police.		- Transition and changes in relation to moving up a class.
Year Five	<ul style="list-style-type: none"> <li>- All about me.</li> <li>- Understanding right from wrong</li> </ul>	<ul style="list-style-type: none"> <li>- My family</li> <li>- Different Families</li> <li>- Friendships</li> <li>- Different types of relationships</li> </ul>	<ul style="list-style-type: none"> <li>- Body Image</li> <li>- Exploring Gender/gender roles</li> <li>- Prejudices and discrimination</li> </ul>	<ul style="list-style-type: none"> <li>- Mental Health and me</li> <li>- Choices and Peer Pressure</li> </ul>	<ul style="list-style-type: none"> <li>- Our world online.</li> <li>- Government past &amp; present</li> <li>- Contributing to the environment</li> <li>- Human and Animal Rights</li> </ul>	<ul style="list-style-type: none"> <li>- Changes in me: Puberty &amp; emotions</li> <li>- Transition and changes in relation to moving up a class.</li> </ul>
Year Six	<ul style="list-style-type: none"> <li>- All about me.</li> <li>- Understanding right from wrong</li> </ul>	<ul style="list-style-type: none"> <li>- My family</li> <li>- Different Families</li> <li>- Friendships</li> <li>- Healthy and Unhealthy relationships</li> </ul>	<ul style="list-style-type: none"> <li>- Body Image</li> <li>- Prejudices and discrimination</li> <li>- Gender Identity</li> <li>- LGBTQ+</li> </ul>	<ul style="list-style-type: none"> <li>- Mental Health and me</li> <li>- Legal and Illegal choices</li> </ul>	<ul style="list-style-type: none"> <li>- Our World Online</li> <li>- Education and Career routes</li> </ul>	<ul style="list-style-type: none"> <li>- Changes in me: Puberty &amp; reproduction</li> <li>- Transition and moving on to the wider world.</li> </ul>