

Mr Brinkley SENCO

Dear Parents/Carers,

Welcome back to school for the new term. Please remember, I am available in school if you would like to discuss anything about your child's support, this newsletter, or any other SEN issue. Please feel free to phone the school office or contact me by email.

senco @st-eanswythes.kent.sch.uk

Tel: 01303 255516



Mrs Semple Mental Health and Wellbeing Lead

My name is Katy Semple and I am the Mental Health and wellbeing Lead here at St.Eanswythe's Primary. My role in school is to support and encourage the children's social and emotional development. I also am a part of the Pastoral Care and Safeguarding Team.

Parents, staff and children can access me for a wide variety of support, such as – Friendship Groups, Social Skills and Nurture Time. My work with pupils uses a mix of counselling skills, direct work and Therapeutic Play. If children have concerns about school or home that they are struggling to voice, I aim to support them with this.

I am here in school from 8am – 3pm, if you would like to speak to me please ask at Reception or come and speak to me during morning drop off.

# Includes Us 2 My Time Groups

For parents & carers of children with a disability or additional needs (no diagnosis needed) living in Ashford, Dover, Folkestone and Hythe

Our 'My Time' groups provide a relaxed and informal space for parents & carers to get together and access support. Speakers are regularly invited to these sessions to provide information and advice about specialist services. Please email familysupport@includesus2.org.uk to book a free space at our face to face meetings.

#### **March Meetings**

Tuesday 7th - Zoom 10am-12pm Wednesday 15th - <u>Folkestone</u> The Village Children Centre, Denmark Street, CT19 6EQ 10-12pm Thursday 23rd - Zoom 8-10pm

To book a place at any of our meetings you will need to become a free member of Includes Us 2, you can join by using this link - <u>Membership Application Form (jotform.com)</u>

If you feel you need one to one support you can refer to our family support service here https://forms.office.com/r/uGvwMi79HX



# Understanding your child online parenting courses

Solihull Approach Parenting are offering a wide range of online parenting courses. These are created to help to build loving and close relationships between children and their parents/carers. These courses are available in 15 to 20 minute chunks and cover a range of topics such as:

- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Understanding your child with additional needs
- Understanding your child's mental health and wellbeing

To access the courses, visit www.inourplace.co.uk and register for a free account with the access code 'Invicta'. Courses can be completed at your own pace.



UNDERSTANDING YOUR CHILD

## SHEPWAY AUTISM SUPPORT GROUP MONTHLY COFFEE MORNINGS

For parents and carers of school-aged children on the autism spectrum.

Come along for a coffee and a chat, whether you have a child with a diagnosis, are waiting for a diagnosis or if you would like to learn more about autistic spectrum condition.

#### Monday 6th March 2023 Speaker: Tracy Playforth -Kent PACT (Parents And Carers Together) and Parent Carers Forum

#### 10.00am-12.00pm

Conference room, The Beacon, Park Farm Road, Folkestone CT19 5DN

Future dates: Monday 15th May 2023, Monday 19th June 2023, Monday 3rd July 2023

Any questions? Please contact <u>hello.sasg@outlook.com</u> or visit our Facebook page.



St Eanswythe's CE Primary School Tel: 01303 255516 admin@st-eanswythes.kent.sch.uk

## We are

A free, confidential and impartial service based in Kent. Staff and volunteers are independently trained in SEND.

## We offer

Information, advice and support to children and parents/carers about special educational needs and disabilities (SEND).

Information

**Advice and** 

Support

Kent

Tel 03000 41 3000 Web: <u>www.iask.org.uk/</u>