

St Eanswythe's C of E Primary School



Year Six ~ PSHE

Medium Term Plan/Topic Breakdowns

This is a breakdown of suggested teaching points within our main curriculum umbrella.

As long as you are using the main term's theme, you may pick and choose what you would like to teach within it. This can be done through circle times, drama, class discussion or written work.

<u>Term One: <i>Being Me</i></u>	<u>Term Two: <i>Relationships and Family</i></u>	<u>Term Three: <i>Celebrating Differences</i></u>	<u>Term Four: <i>Healthy Me</i></u>	<u>Term Five: <i>Citizenship and Economic well-being</i></u>	<u>Term Six: <i>Changing Me</i></u>
<p><u>All about me:</u></p> <ul style="list-style-type: none"> Identifying goals for my last year of primary Having the confidence to use my voice and share my opinions. Managing and coping with feelings 	<p><u>My family/Different Families/Different relationships Friendships:</u></p> <ul style="list-style-type: none"> Love and Loss within our lives. Explore the makeup of different family types: Nuclear 	<p><u>Prejudices and descrimination:</u></p> <ul style="list-style-type: none"> Perceptions of 'normal' Where does prejudice come from? Why would people be likely 	<p><u>Mental Health and me:</u></p> <ul style="list-style-type: none"> How does my mental health affect my life? Managing stress and emotions. Positive body image 	<p><u>Our World Online:</u></p> <ul style="list-style-type: none"> The power of social media What is online grooming? 	<p><u>Changes in me: Puberty & reproduction:</u></p> <ul style="list-style-type: none"> Revisit puberty for boys & girls Where do I come from: The reproductive system

<p><u>Understanding right from wrong:</u></p> <ul style="list-style-type: none"> ● Taking responsibly for our behaviour. ● Exploring Consequences for actions e.g. consequences for bullying, consequences for shop lifting 	<p>Family, Same sex families, and Adopted families.</p> <p><u>Healthy and Unhealthy relationships:</u></p> <ul style="list-style-type: none"> ● What does a loving relationship look like? ● What makes a relationship unhealthy? ● Where to find help? E.g. NSPCC, School safeguarding team 	<p>to experience descrimation?</p> <p><u>Gender Identity/ LGBTQ+:</u></p> <ul style="list-style-type: none"> ● History of LGBTQ+ e.g. Gay Rights Movement, sexuality being illegal. ● Love is Love, exploring different types of love now in our modern society 	<p><u>Legal and Illegal choices:</u></p> <ul style="list-style-type: none"> ● What does breaking the law mean? ● What laws do we know? ● What are illegal choices (link to consequences from term one) <p><u>Staying Safe Online:</u></p> <ul style="list-style-type: none"> ● Do not share personal information - keep yourself safe! ● SMART – internet safety acronym ● Mobile Phone Safety, messages are never private! 	<ul style="list-style-type: none"> ● Protecting ourselves online <p><u>Career routes and what jobs are available</u></p> <ul style="list-style-type: none"> ● How will my education work when I leave primary? ● Exploring jobs and what education I will need. ● Jobs and aspirations 	<p><u>Transition and moving on to the wider world:</u></p> <ul style="list-style-type: none"> ● Primary to secondary transition. ● Thoughts and feelings as I move on. ● Hopes for my future!
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