



**St Eanswythe's C of E Primary School**  
**Anti-Bullying Policy**

At St Eanswythe's Primary School we aim to create a Christian environment in which each child is valued and special and in which respect for the rights and needs of others is nurtured. We respect and value all children and are committed to providing a caring, friendly and safe environment for all our pupils so they can learn in a relaxed and secure atmosphere. We believe every pupil should be able to participate in all school activities in an enjoyable and safe environment and be protected from harm. This is the responsibility of every adult employed by, or invited to deliver services at St Eanswythe's school. We recognise our responsibility to safeguard all who access school and promote the welfare of all our pupils by protecting them from physical, sexual and emotional abuse, neglect and bullying.

### **Our approach to bullying:**

Bullying, both verbal and physical, will not be tolerated in this school. It is everyone's responsibility to prevent it happening and this policy contains guidelines for all members of the school community.

In our school children have a right to feel welcome, safe and happy. In our school we will not tolerate any unkind actions or remarks even if these were not intended to hurt.

Bullying is deliberately hurtful behaviour that is repeated often over a period of time, making it difficult for the person concerned to defend themselves. Bullying can take many forms. The three main types are:

Physical	-	hitting, kicking, taking belongings
Verbal	-	name calling, insulting racist remarks
Indirect	-	spreading unpleasant stories about someone, excluding someone from social groups.

Although resolving conflict by resorting to fighting is not acceptable, it is not bullying if two pupils of equal power and strength fight or quarrel.

### **Aims**

- We aim to prevent bullying at St Eanswythe's Primary School
- We aim to challenge attitudes about bullying behaviour, increase understanding for the bullied pupils and help an anti-bullying ethos in the school.
- We aim to provide play facilities that provide an interesting and stimulating environment for pupils.

### **What is Bullying?**

Bullying is unacceptable behaviour used by an individual or group, repeated over time, that intentionally hurts another individual or group either physically or emotionally. In other words, bullying at St Eanswythe's School is considered to be, "unacceptable behaviour which occurs 'lots of times, on purpose'."

Bullying can be short term or continuous over long periods of time.

Bullying can be:

Emotional being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)	Emotional being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)
Physical pushing, kicking, biting, hitting, punching or any use of violence	Physical pushing, kicking, biting, hitting, punching or any use of violence
Racial taunts, graffiti, gestures	Racial racial taunts, graffiti, gestures
Sexual unwanted physical contact or sexually abusive comments	Sexual unwanted physical contact or sexually abusive comments
Homophobic because of, or focussing on the issue of sexuality	Homophobic because of, or focussing on the issue of sexuality
Cyber bullying All areas of internet ,such as email and internet chat Twitter,	Cyber bullying All areas of internet ,such as email and internet chat Twitter,

### **Reasons for being a victim may be**

- Race/Sex/Background
- New child in school
- Child with family crisis
- Disability
- Timid children who may be on the edge or outside a group

### **Reasons for being a bully**

- Victims of violence
- Bullied at home
- Enjoyment of power/creating fear
- Not allowed to show feelings
- Copying behaviour at home or on television
- Unhappy
- Insecure (coward at heart)
- Self hating

It occurs in children from all backgrounds, cultures, races, sexes.

### **General statements about bullying**

- Boys often bully young children of both sexes
- Girls often use verbal abuse and ostracise from peer group – usually to other girls
- Some victims are also bullies
- Some victims are treated as culprits
- Onlookers are condoning bullying and becoming part of bullying

### **Early signs of distress**

- Withdrawn
- Deterioration of work
- Spurious illness
- Isolation
- Desire to remain with adults
- Erratic attendance
- General unhappiness/anxiety/fear

- Late arrivals
- Bed wetting
- Cry themselves to sleep
- Unexplained cuts, scratches, bruises
- Unexplained missing possessions

## **FRAMEWORK FOR ANTI-BULLYING CAMPAIGN**

Prevention is better than cure so at St Eanswythe's Primary School we will:

- Be vigilant for signs of bullying
- Always take reports of bullying seriously and investigate them thoroughly.

Children will be encouraged to report all incidents of bullying to an adult. These will then be referred to the class teacher and teacher assistant for that class.

### **Each class teacher should**

- Use the curriculum to increase children's awareness of bullying and to help them to develop strategies to combat it. Use discussion and role play to explore issues related to bullying and to give individual children confidence to deal with 'bullying'.
- If children are unkind to each other on a one off occasion, a 'problem solving' approach may help. The adult tries to remain neutral and deliberately avoids direct, closed questions which might be perceived as accusatory or interrogational in style. He or she makes sure each pupil has an opportunity to talk and keeps the discussion focused on finding a solution and stopping the bullying from recurring. The teacher can aim to help the pupils find their own solution to the personal disagreement, and also discuss with them how their proposals will be put into action. A follow-up meeting with the pupils can find out whether their solution has been effective or not.
- A record must be kept of the incidents where bullying has been identified
- Serious incidents must be reported to the Headteacher.

### **Duty staff should**

- Ensure pupils are supervised at playtimes and lunchtimes
- Observe pupils' play patterns and relationships – note children who appear isolated or unhappy and inform the class teacher
- Investigate every allegation of bullying
- Encourage children to use the play equipment and quiet areas around the school

### **Parents**

- Parents of both victim and bully will be informed and staff will undertake to give feedback to parents on the steps taken
- If the school feels that its actions have not been met with success the outside agencies may be involved

- This policy should be seen as part of the school behaviour policy
- It will be reviewed annually and in the light of any changing circumstances

### Advice to Parents

As the parent of a child whom you suspect is being bullied-

1. Report bullying incidents to the class teacher, or Safeguarding Officer Mrs Paterson.
2. In cases of serious bullying, the incidents will be recorded by staff and the Headteacher notified.
3. In serious cases parents should be informed and will be asked to come in to a meeting to discuss the problem
4. The bullying behaviour or threats of bullying must be investigated and the bullying stopped quickly
5. An attempt will be made to help the child using unacceptable behaviour towards others, to change their behaviour.

Date: .....

*J E Garrett*

Signed:

Headteacher

*RO. Allyt*

Signed:

Chair of Directors