

Lent Challenges - Week 2



We have loved seeing some of your Lent Challenges this week. We hope you enjoy the new challenges and look forward to seeing them.

These can be shared via the class padlet and should be a fun way for the children to engage with the Lent period this year.

Monday 01/03/2021



Challenge 1: Colour Something Purple -talk about why purple is used during Lent!

The traditional colour of Lent is purple. If we were at school we would be using a purple cloth on the alter during worship to show this special time. Purple can symbolize both the pain and suffering leading up to the crucifixion of Jesus as well as the suffering of humanity.

But since purple is also the colour of royalty, it reminds us of Jesus' resurrection and hope of newness that will be celebrated on Easter Sunday. Jesus is our King, our royal King.

What does purple make you think of? What are your favourite purple things?



Tuesday 02/03/2021

Challenge 2: Make a Lentern Mouse

Using a sock and some felt make a sock puppet mouse per child. Tie a long piece of string or wool to make his tail. Each time you do something kind during Lent without being asked tie a knot in your mouse's tail. How many knots can you get by Easter? We're sure it will be a lot as we have such kind children at St Eanswythe's School.



Wednesday 03/03/2021

Challenge 3: Make an amazing cross out of toilet paper rolls!



There are simple instructions to follow here and the crosses would look beautiful on your walls. <http://fullofgreatideas.blogspot.com/2012/01/paper-roll-cross-two-actually-on-my-0.html>

Thursday 04/03/2021

Challenge 4: Make a Prayer Pretzel



Did you know that the pretzel is a traditional food for lent? In fact, the pretzel was actually invented in order to be a simple Lenten snack! When early Christians would pray, they would cross their arms and touch



each shoulder with the opposite hand. They also fasted very strictly during lent, making their bread with only water, flour, and salt. A monk shaped this in the form of praying arms for children, and the pretzel was born!

Soft Pretzel Recipe ~ What you need:

- 1 package yeast (.25 oz)
- 1 1/2 cups warm water
- 1 tablespoon sugar
- 1 teaspoon salt
- 4 cups flour
- 1 egg
- extra salt for the tops- large salt works best!

Mix your yeast, water, sugar, and salt in a large bowl. Stir in the flour, and knead until the dough is smooth. Shape into the form of arms crossed in prayer and place it on a baking sheet.

Brush the dough with a beaten egg to give it a shiny finish. Sprinkle the top with salt, and bake in an oven preheated to 425 degrees for 15 minutes.



Friday 05/03/2021

Challenge 5: Make a prayer paper chain.

Make a prayer chain. Write a person or situation on each of 40 strips of paper. Assemble them into a paper chain. Remove one link per day, and pray for that thing or person.

