

WHOLE SCHOOL MEALS - MENU - NOVEMBER 2021 - MARCH 2022

Optn 1	Homemade Pizza (v) or	Chicken Goujons or	Roast Pork with Apple Sauce & Gravy or	Spaghetti Bolognese or	Salmon Bites or Fish Fingers or
Optn 2	Mexican Bean Wraps (vg) Jacket Wedges & Ketchup Baked Beans & Peas	Spicy Tomato Pasta (vg) Crushed New Potatoes Broccoli & Carrots	Vegan Quorn Sausage & Gravy (vg) Roast/Boiled Potatoes Local Seasonal Vegetables & Cooks Choice	Cauliflower & Broccoli Bake (v) Garlic Flatbread Mixed Vegetables & Broccoli	Veggie Nuggets (vg) Chips/Pasta Baked Beans & Sweetcorn
Opt 3	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Dessert	Iced Banana Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Raspberry Buns Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Angel Delight Mousse Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Vanilla Shortbread(vg) & (Custard) Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Chocolate Krispie Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)
Optn 1	Macaroni Cheese (v)/Tomato Pasta(vg) or	Meatballs in Tomato Sauce or	Roast Chicken Thigh with Stuffing & Gravy or	Minced Beef Wellington & Gravy or	Breaded/Battered Fish or
Optn 2	Veggie Stir Fry with Rice (vg) or Noodles (v) Garlic Dough Balls Peas & Mixed Vegetables	Meatless Meatballs (vg) Pasta Broccoli & Carrots	Vegan Quorn Sausage & Gravy (vg) Roast/Boiled Potatoes Local Seasonal Vegetables & Cooks Choice	Quorn Meatloaf (v) Creamed Potatoes Cauliflower & Green Beans	Curried Veggie Pasty (vg) Chips/Pasta Baked Beans & Peas
Opt 3	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Dessert	Oat Cookie Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Marble Sponge & (Custard) Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Ice Cream/Frozen Fruit Smoothie (vg) & Fruit Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Lemon Drizzle Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Chocolate Shortbread (vg) Fresh Fruit/Jelly/Oaty Apple Bar (vg)
Optn 1	Pitta Pizza (v)	Chicken Tacos or	Roast Gammon & Gravy or	Baked Sausages & Gravy or	Fish Fingers or
Optn 2	Pasta Provencale (vg) Herby Diced Potatoes Peas & Sweetcorn	Pulled BBQ Jackfruit (vg) Savoury Rice Carrots & Green Beans	Chickpea Pattie (vg) Roast/Boiled Potatoes Local Seasonal Vegetables & Cooks Choice	Vegan Quorn Sausage & Gravy (vg) Creamed Potatoes Swede & Broccoli	Veggie Nuggets (vg) Chips/Pasta Baked Beans & Sweetcorn
Opt 3	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Beans
Dessert	Cookie Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Chocolate Sponge & (Chocolate Sauce) Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Frozen Fruit Smoothie Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Iced Carrot Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Goosey Chocolate Biscuit Fresh Fruit/Jelly/Oaty Apple Bar (vg)

ALL MENU ITEMS ARE SUBJECT TO AVAILABILITY
www.wholeschoolmeals.co.uk